

About Us

Thank you for your interest in volunteering for the American Lung Association of Arizona. Our mission is to prevent lung disease and promote lung health. Volunteers are critical and play an important role in helping us achieve this mission.

Founded in 1904, the American Lung Association is the oldest voluntary health agency in the country. The Arizona chapter was founded in 1912, initially as an organization to help combat tuberculosis (TB). Times have changed and a cure for TB has been found, but lung disease remains the third leading cause of death in America today. That's why it is vital for the American Lung Association of Arizona to continue to fund research, promote advocacy, and offer educational programs for those affected.

With your help, we can continue to work toward our vision of a world free of lung disease.



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Volunteer Opportunities



Opportunities for Volunteers

More Opportunities for Volunteers:

Why Volunteer

Anyone can be a volunteer. It just takes a willingness to exercise your skills for a good cause. American Lung Association of Arizona volunteers work with staff members to fight lung disease and improve the lives of people throughout Arizona. And that's something we can all feel good about!

Benefits of volunteering:

- It gives you a voice to help educate the public about the prevention of lung disease
- It brings fresh insight and new areas of expertise to the association
- It provides a great opportunity to develop new friendships
- Opportunities to work from home
- The office is conveniently located at Central and McDowell with parking in the front
- It helps us keep our expenses low
- It's FUN!!!

Whether your interest is working in the office or being active at one of our events, there is something available for you to get involved.

Blow the Whistle on Asthma

A 5k walk is organized annually to raise money for the fight against lung disease. Get involved in a variety of ways!

- Day-of event volunteers re needed for set-up, clean-up, registration, aid stations and more!
- Logistics Preparation: In advance of the Walk help put together walk day activities – recruit band, clowns, refreshments etc...

Camp Not-A-Whoeez

Qualified and licensed medical personnel are needed to volunteer at a week-long camp in Prescott, AZ for children with moderate to severe asthma. The camp takes place the first week of June with ½ week or one week stays.

Climb Phoenix

The Breathe Free program identifies individuals at risk for Chronic Obstructive Pulmonary Disease (COPD) through early identification and screenings. Volunteers are needed to bring awareness and education to the community. Contact Susie Cain, Program Manager.

Office Support

Various opportunities exist for volunteers in the office. These include stamping literature, entering data, compiling manuals, stuffing envelopes, and various other tasks. Contact Milania Steigerwald, Volunteer Coordinator.

Breathe Free

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Fundraising Leadership Committee

Help ALAA special events by being a part of a Fundraising Leadership Committee (Available for both the Climb and the Walk). This is a great way to get out into the community and share the opportunity to get involved! The Fundraising Leadership Committee works to recruit corporate sponsorships, teams and participants. Once recruited, committee members serve as liaisons to companies assisting the coordination of efforts and helping to meet fundraising goals.

COPD Coalition

When you join the COPD Coalition you:

- Help prioritize COPD issues regarding education, awareness, and treatment.
- Generate support for the state-wide COPD Coalition.
- Network with other COPD medical professionals, patients, and caregivers from around the state.

Contact Charles Monroe for more information.

Advocacy

Our advocacy strategy addresses three core areas of action: advocacy, education and public policy. We focus on promoting tobacco control, improving air quality, and touting the benefits of alternative fuels and alternate transportation modes.

We are looking to develop an “advocacy response team” made up of lung disease patients, environmental leaders, program staff, and government and elected officials.

Contact Corey Woods, Director of Government Relations.